

Central Lyon Lunch Menu – February '24



BREAKFAST PRICES

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$4.85
Second Full Meal: \$3.00
Second Entrée: \$2.00
Extra Milk: \$.40

BREAKFAST SERVING TIME IS
7:45-8:10am

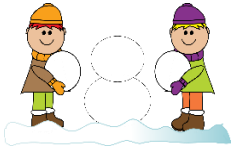
Menu items are subject to
change without notice. If you
have any questions or concerns,
please contact Darsha Tuenge,
Food Service Director, at (712)
472-2664.

**This institution is an equal
opportunity employer.**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast French Toast Sticks w/ syrup Sausage patty Lunch Spaghetti w/ meat sauce Garlic Toast Lettuce w/ dressing Mixed Fruit	2 Breakfast Dutch Waffle Yogurt Lunch Hot Dog on a bun Baked beans Broccoli w/ ranch Apple slices
5 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12 Lunch Breaded Pork Patty Mashed Potatoes Carrots Butter or gravy Orange wedges Sandwich 7-12	6 Breakfast Pancakes & Syrup Sausage patty Lunch Sloppy Joe on a bun Broccoli w/ ranch Corn Peaches	7 Breakfast Cereal or Muffin Yogurt Lunch Chicken Nuggets Mashed potatoes Gravy or butter Green beans Applesauce Sandwich 7-12	8 Breakfast Scrambled Eggs w/ bacon & Cheese Toast Lunch Hamburger on a bun Hash brown patty Baked beans Pears	9 Breakfast Sausage, Egg & Cheese Roll up Yogurt Lunch Pizza Romaine lettuce w/ Dressing Juice Cup National Pizza Day
12 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12 Lunch Chili & Chips Baby carrots & ranch Green Beans Pineapple Sandwich 7-12	13 Breakfast Egg & Cheese Omelet Toast Lunch Creamed Chicken on biscuits Peas Baby carrots w/ ranch Apple Slices	14 Breakfast Cereal or Mini Cinni Yogurt Lunch Fish Sticks TK-6 Fish Sandwich 7-12 Mashed Potatoes Peas Grapes Cookie Valentines Day	15 Breakfast Waffles & Syrup Yogurt Lunch Corn Dog French fries Corn Pears Sandwich 7-12	16 Breakfast Breakfast Bagel Yogurt Lunch Grilled Cheese Sandwich Broccoli Baby carrots & ranch Mixed fruit

All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.

February 2024



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<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
19 <div style="text-align: center; font-size: 2em; color: red;">NO SCHOOL</div>	20 Breakfast Cereal & Toast TK-6 Breakfast Pizza 7-12 Lunch Haystacks w/ cheese sauce Broccoli w/ ranch Corn Orange wedges Sandwich 7-12	21 Breakfast Pop Tart, Cereal bar or Muffin Yogurt Lunch Sausage & Waffles Syrup Mixed veggies Baby carrots w/ ranch Grapes Sandwich 9-12	22 Breakfast Scrambled Eggs Toast Hash Brown Patty Lunch Goulash Lettuce & dressing Peas Garlic Knot Juice cup	23 Breakfast Egg & Cheese Biscuit Yogurt Lunch Pizza Green beans Carrots & ranch Pineapple Sandwich 7-12
26 Breakfast Cereal & Toast TK-6 Breakfast Bagel 7-12 Lunch Sub Sandwich w/ lettuce & Cheese Baked beans Peaches	27 Breakfast Egg & Cheese Taco Yogurt Lunch Chicken Noodle Soup w/ crackers Carrots Celery sticks Pears Sandwich 7-12	28 Breakfast Mini Cinni or Cereal Yogurt Lunch Italian Dunkers w/ Meat sauce Lettuce & dressing Apple Slices	29 Breakfast French Toast Sticks Sausage Patty Lunch Softshell Tacos w/ Lettuce & cheese Corn Orange wedges Salsa 5 th -12 th	

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